

travelmin r

トラベルミンR

Category-2 OTC Drug



< [トラベルミンブランド情報](#)

[製品詳細・添付文書](#) +

overview

Product Description



For prevention and relief of motion sickness

Travelmin R is a motion sickness medicine that effectively prevents and relieves the symptoms of motion sickness.

Travelmin R causes relatively little drowsiness, and contains ingredients that work even after you have started to feel sick.

It helps you to enjoy your trip while traveling on a bus or train.

Travelmin R can be used by anyone from children aged 11 years or over to adults.

Indications

▼ Dosage and Administration

▼ Ingredients

▼ Precautions

▼ Packaging and Price

Indications



Prevention and relief of dizziness, nausea, and headache associated with motion sickness

Dosage and Administration

To prevent motion sickness, take the following dose 30 minutes before boarding with cold or hot water.

Age	Dosage	Number of doses
15 years or over	1 tablet	Up to 2 times in intervals of at least 4 hours
11 to 14 years	1 tablet	Up to 2 times in intervals of at least 4 hours
Less than 11 years	Do not take this medicine	-

When taking additional doses, leave an interval of at least 4 hours between doses. Do not take this medicine more than twice per day.

Precautions for Dosage and Administration

When allowing children (11 to 14 years) to take the medicine, a guardian must be present to watch and tell them how to take it. When giving the medicine to be taken on a school trip, for example, give instructions about the dosage, method of administration, and how to take the medicine in advance.

How to take the tablets out

As shown in the figure below, press hard on the raised area of the sheet containing the tablets with a finger to break the aluminum foil and then remove and take the tablet. (Accidentally swallowing the tablets while they are still in the sheet can lead to unexpected accidents such as piercing of the esophageal membrane.)



Ingredients

Ingredients and their actions

The dose of 1 tablet (11 years or over) contains the following ingredients.

Ingredients	Amount	Action
Difenidol hydrochloride	16.6mg	Suppresses abnormal excitation of the autonomic nerves.
Scopolamine hydrobromide hydrate	0.16mg	Reduces sensory confusion caused by riding in vehicles.
Anhydrous caffeine	30.0mg	Prevents sensory confusion caused by riding in vehicles.
Pyridoxine hydrochloride (Vitamin B ₆)	5.0mg	Effective for nausea and dizziness.

Additives

Talc, corn starch, lactose, hydroxypropyl cellulose, titanium oxide, red ferric oxide, magnesium stearate, cellulose, hypromellose, povidone, macrogol

Precautions

▲ Precautions

When not to use the product

If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.

1. This drug should not be taken together with the following drugs:

Other medicine for motion sickness, cold medicine, antipyretics/analgesics, sedatives, expectorant, indigestion and heartburn relief, internal medicine containing antihistamines, etc. (such as internal medicine for rhinitis and medicine for allergies)

2. Do not operate vehicles or machinery after taking this drug.
(Symptoms such as sleepiness, blurred vision, and abnormal brightness may occur.)

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

1. Patients undergoing medical treatment from a physician
2. Pregnant women or women suspected of being pregnant
3. The elderly
4. Patients who have experienced allergic symptoms associated with drugs, etc.
5. Persons with the following symptoms:
Urination difficulty
6. Persons diagnosed as having the following:
Glaucoma, heart disease

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash/redness, itching
Neuropsychiatric system	Headache, floating sensation, unstable feeling
Cardiovascular system	Palpitations
Urinary system	Urination difficulty
Other	Facial hot flashes, abnormal brightness

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Dry mouth, constipation, drowsiness, blurred vision

Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Moreover, do not put other drugs in this container.
(This may lead to misuse or alter the quality of the drug.)
4. Do not use the product after the expiration date.

Packaging and Price

Packaging	Recommended retail price
6 tablets	1,100yen, tax included (1,000yen, tax excluded)