

トラベルミン1 (大人用)

Category-2 OTC Drug



トラベルミン[®]1

For prevention and relief of motion sickness

- Travelmin 1 is effective at a dose of 1 tablet once a day, helping you to enjoy your trip and to comfortably travel all day long.
- It is a rapidly dispersing formulation that melts in your mouth like cotton candy. It can even be taken without water while travelling on a plane, car or ship.
- It contains ingredients that work even after you have started to feel sick. It does not only prevent but also relieves nausea and dizziness due to motion sickness.



Indications



Motion
sickness

Prevention and relief of dizziness, nausea, and headache associated with motion sickness



Dosage and Administration

Take the following dose once a day either by chewing the medicine or by dissolving it in your mouth. To prevent motion sickness, take the drug 30 minutes before getting in a vehicle.

Age	Dosage	Number of doses
15 years or over	1 tablet	Once
Under 15 years	Do not take this medicine	-



Ingredients

Ingredients and their actions

One tablet contains the following ingredients.

Ingredients	Amount	Action
Meclizine hydrochloride	50 mg	Suppresses abnormal excitation of the autonomic nerves and vomiting center.
Scopolamine hydrobromide hydrate	0.25 mg	Reduces sensory confusion while riding in a vehicle.

Additives

Carrageenan, corn starch, D-mannitol, l-menthol, flavor, red ferric oxide, dimethylpolysiloxane, refined stevia extract, cellulose, povidone, silicon dioxide



Precautions

⚠ Precautions for Use

When not to use the product

If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.

1. This drug should not be taken together with the following drugs:

Other medicines for motion sickness, cold medicines, antipyretics/analgesics, sedatives, expectorants, medicines for indigestion and heartburn relief, medicines taken orally that contain antihistamines, etc. (such as medicines taken orally for rhinitis or medicines for allergies)

2. Do not operate vehicles or machinery after taking this drug.

(Symptoms such as sleepiness, blurred vision, and increased sensitivity to light may occur.)

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this medicine.

1. Patients undergoing medical treatment from a physician
2. Pregnant women or women who believe they may be pregnant
3. The elderly

4. Patients who have experienced allergic symptoms associated with drugs etc.
 5. Persons with the following symptoms:
Difficulty urinating
 6. Persons diagnosed as having the following:
Glaucoma, heart disease
2. **If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.**

Parts Affected	Symptom
Skin	Rash/redness, itching
Mental/nervous system	Headache
Urinary system	Difficulty urinating
Other	Facial hot flashes, increased sensitivity to light

3. **The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.**

Dry mouth, constipation, drowsiness, blurred vision

Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Moreover, do not put other drugs in this container. (This may lead to misuse or alter the quality of the drug.)
4. Do not use the product after the expiration date.



Packaging and Price

Packaging	Recommended retail price
3 tablets	923yen, tax included (839yen, tax excluded)