

遠志（オンジ）の恵み

Category-3 OTC Drug



オンジ 遠志の恵み®

For improvement of forgetfulness after middle age

Recommended for people who experience symptoms of forgetfulness after middle age.

- If you are using “that” and “it” more and more frequently in the conversation.
- If you say the same things repeatedly.

ONJI-NO-MEGUMI recovers your original “ability to remember” by improving the “symptoms of forgetfulness” due to aging. It is a natural drug product containing Polygala root extract as an ingredient in a small and easy-to-take tablet form, which requires 1 tablet per time (3 times daily).

*ONJI-NO-MEGUMI does not have therapeutic or preventive effects on dementia.

Point

- Small and easy-to-take tablets, requiring only 1 tablet per time.
- Recovers your original “ability to remember” by improving memory-related functions.



Indications



Forgetfulness

Improves forgetfulness after middle age



Dosage and Administration

Take the following dose with cold or hot water before or between meals.

Age	Dosage	Number of doses
Adults (15 years or over)	1 tablet	3 tablets per day
Under 15 years	Do not take this medicine	-



Ingredients

Ingredient and its actions

The daily dose (3 tablets) contains the following ingredient.

Ingredients	Amount
Polygala root extract	536 mg (3 g as polygala root)

Additives

Talc, caramel, carnauba wax, titanium oxide, magnesium stearate, cellulose, hypromellose, macrogol, and silicon dioxide

Precautions relating to the ingredient and amount

This medicine may interfere with some test values on diabetes.



Precautions

⚠ Precautions for Use

When not to use the product

[If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.]

This product should not be taken by the following persons:

1. **Persons diagnosed as having the following: dementia**
2. **Persons suspected to have dementia**

Consultation

1. **The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this drug.**
 1. Patients undergoing medical treatment from a physician
 2. Pregnant women or women who believe they may be pregnant
 3. Patients who have experienced allergic symptoms associated with drugs etc.
2. **If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this document to your physician, pharmacist, or**

registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash/redness, itching
Gastrointestinal system	Nausea/vomiting, loss of appetite, feeling of discomfort in the stomach
Mental/nervous system	Dizziness

3. The following symptom may be observed after taking this drug. If this symptom persists or worsens, discontinue the use of this drug and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Diarrhea

4. If symptoms do not improve even after taking this medicine for about 1 month, stop taking this medicine and consult a physician, pharmacist, or registered salesperson, being sure to take this document with you.
5. If you take this medicine for a long time, consult a physician, pharmacist, or registered salesperson.

Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight with the package bag zipped tightly.
2. Keep out of reach of children.
3. Do not transfer the medicine to a different container. Moreover, do not put other drugs in this container. (This may lead to misuse or alter the quality of the drug.)
4. Do not use the product after the expiration date.
5. Since humidity may change the appearance of the tablets, do not touch them with wet hands.



Packaging and Price

Packaging	Recommended retail price
30 tablets	1,518yen, tax included (1,380yen, tax excluded)
84 tablets	4,048yen, tax included (3,680yen, tax excluded)