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#### Category-3 OTC Drug

Relief of skin roughness and fatigue

# チョコラBBプラス

## Chocola BB Plus

チョコラ BB プラス is a vitamin preparation effective at relieving fatigue and alleviating skin roughness, acne and stomatitis. It contains activated vitamin B<sub>2</sub>, which is optimally absorbed by the body to boost cell turnover, improving skin and mucosal health. The well-balanced mixture of 5 B-complex vitamins also provides relief from everyday fatigue by aiding the efficient conversion of nutrients from food into energy. For those suffering from fatigue and skin roughness, small, easy-to-swallow チョコラ BB プラス tablets provide effective relief.



Package	Recommended retail price (tax included)
60 tablet bottle	¥1,694
120 tablet bottle	¥3,146
180 tablet bottle	¥4,466

#### Related website



[Chocola.com](http://Chocola.com) (in Japanese)

### Indications

#### Relief of the following symptoms:

Skin roughness, acne/skin eruption, stomatitis, angular stomatitis (swollen or cracked edges of lips), cheilitis (swollen or cracked lips), dermatitis, eczema, rashes, sores, tongue inflammation, hot flushes of the face associated with rosacea, redness of the eye, and itching of the eye.

Consult with a physician or pharmacist if no improvement is seen in these symptoms after about 1 month of use.

#### Supplementation of vitamin B2 in the following cases:

When physically fatigued, during pregnancy or lactation, and when physical strength is decreased during and after illness.

### Dosage and Administration

Take the following dosage orally twice a day, after breakfast and dinner, with cold or hot water.

Age	Dosage	Number of doses
Adult (15 yrs. or older)	1 tablet	Twice a day
Child (Under age 15)	Do not take this medicine	

#### Precautions for Dosage and Administration

If the tablet is held in the mouth, the components will dissolve, leaving a bitter taste. Please swallow quickly.

## Active Ingredients and Actions

The daily adult dose of 2 tablets contains the following active ingredients.

Ingredient	Amount	Action
Riboflavin Sodium Phosphate (Vitamin B <sub>2</sub> phosphate ester)	38 mg	<ul style="list-style-type: none"><li>• Supports healthy skin and mucosa.</li><li>• Aids fat metabolism, converting it to energy.</li></ul>
Pyridoxine Hydrochloride (Vitamin B <sub>6</sub> )	50 mg	<ul style="list-style-type: none"><li>• Supports healthy skin and mucosa.</li><li>• Aids protein metabolism, converting it to energy.</li></ul>
Thiamine Nitrate (Vitamin B <sub>1</sub> nitrate)	20 mg	<ul style="list-style-type: none"><li>• Aids carbohydrate metabolism, converting it to energy.</li></ul>
Nicotinamide	40 mg	<ul style="list-style-type: none"><li>• Supports healthy skin and mucosa.</li></ul>
Calcium Pantothenate	20 mg	

### Inactive Ingredients

Talc, calcium carbonate, corn starch, hydroxypropyl cellulose, D-mannitol, gum arabic, carnauba wax, titanium oxide, red ferric oxide, stearic acid, magnesium stearate, shellac, cellulose, silicon dioxide, sucrose, vitamin B<sub>2</sub>, hypromellose, pullulan, povidone, macrogol, dibasic calcium phosphate

### Precautions for Ingredients

Taking this medicine may cause urine to turn bright yellow, but this is due to assimilation of the vitamin B<sub>2</sub> contained in the medicine, with part of it being excreted in the urine. It is not a cause for concern.



## Precautions

### Consultation

1. If the following symptoms are observed after taking this medicine, these may be adverse reactions. Immediately discontinue the use of this medicine and show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash
Digestive organs	Stomach discomfort

2. The following symptom may be observed after taking this medicine. If this symptom persists or worsens, discontinue the use of this medicine and show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.

Diarrhea

3. If symptoms do not improve even after taking the medicine for about 1 month, stop taking the medicine and consult a physician, pharmacist or registered salesperson, bringing this informational leaflet with you.

### Precautions for Storage and Handling

1. Store sealed in a dry, cool place away from direct sunlight. Do not store in a refrigerator.
2. Keep out of reach of children.
3. Do not transfer to a different container. Also, do not transfer other medications, etc., into this container. (It may lead to misuse or alter the quality.)
4. Dropping the tablets or other impacts can result in fragmentation, so handle with care.
5. If the tablets come in contact with moisture, their surface will partially dissolve, resulting in spotting or discoloration, so do not handle with wet hands. If wet tablets are returned to the bottle, they will affect the other tablets.
6. Do not take tablets that have exceeded their expiration date.
7. From the standpoint of maintaining quality, as a rule of thumb, once the cap has been opened, use the tablets within 6 months, regardless of their expiration date. There is a space marked "Date Opened" on the box's inner flap. Please use that to record the date of opening.
8. When fastening the upper lid of the cap, keep pressing until it clicks.

Contact us: For inquiries, please complete the Contact Form. We will endeavor to respond to you as quickly as possible, although there may be some delay depending on the nature of the inquiry and other factors.

Contact Form (English only): [https://inquiry.eisai.co.jp/webapp/form/17672\\_sdab\\_2/index.do](https://inquiry.eisai.co.jp/webapp/form/17672_sdab_2/index.do)