

# チョコラBBライト

Designated quasi-drug



## チョコラBB<sup>®</sup>ライト

Quick acting care for tiredness!

- Renewed with an increased content of vitamin B<sub>6</sub>, which has effects on tiredness and skin by promoting metabolism\*.
- Contains vitamin B<sub>2</sub>, which helps to metabolize fats and convert them to energy, and also amino acids.
- 4.8 kcal per bottle (the same as 1 cherry)
- A clean-tasting and pleasant flavor, which has become more fruity. An ample dose of 100 mL.

\* It refers to support for protein metabolism.



## Indications



Skin roughness



dry skin



fatigue and  
malaise



loss of  
appetite

- Maintaining and improving physical strength, physical resistance, or mental concentration
- Recovering from and preventing fatigue
- Improving or preventing poor physical condition due to poor nutrition in daily life
  - ◇Becoming tired easily, residual tiredness, lack of physical strength, heaviness in the body, physical malaise
  - ◇Poor skin condition (skin roughness or dryness)
- Nutritional supplementation when physical strength is impaired during or after illness, during exhaustion due to fever, for loss of appetite, during pregnancy or lactation (or before and after labor), etc.



## Dosage and Administration

For adults (15 years or over), take 1 bottle (100 mL) once a day.

Follow the dosage and administration method. (If using this medicine at the same time as other products with ingredients such as vitamins, be careful not to take excessive amounts.)



## Ingredients (in 1 bottle of 100 mL)

Ingredients	Amount
Vitamin B <sub>2</sub> phosphate ester	15 mg
Vitamin B <sub>6</sub>	10 mg
Vitamin B <sub>1</sub> nitrate	5 mg
Nicotinamide	20 mg
Taurine	500 mg
Glycine	50 mg
L-arginine hydrochloride	100 mg
L-lysine hydrochloride	100 mg

Caffeine hydrate

50 mg

## Additives

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Sodium benzoate, ethanol (0.1 mL or less), citric acid, glycerin, flavor, acesulfame potassium, erythritol, sucralose, stevia extract, propyl gallate, DL-malic acid

Taking this product may cause urine to turn yellow. This is due to the absorption of vitamin B<sub>2</sub> contained in the product, with part of it being excreted in the urine. It is not a cause for concern.



## Precautions

### Precautions for Use

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#### Consultation

1. If the following symptoms are observed after taking this product, these may be adverse reactions, so immediately discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.

Parts Affected	Symptom
Skin	Rash
Gastrointestinal system	Stomach discomfort

2. The following symptom may be observed after taking this product. If this symptom persists or worsens, discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.

Diarrhea

3. When symptoms do not improve even after using the product for a while, discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.
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## Precautions for storage and handling

1. Store in a cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (It may lead to misuse or alter the quality of the product.)
4. Do not use the product after the expiration date.



## Packaging and Price

Packaging	Recommended retail price
100 mL	180yen, tax included (164yen, tax excluded)
100 mL × 3	541yen, tax included (492yen, tax excluded)
100 mL × 10	1,804yen, tax included (1,640yen, tax excluded)